

What specialized treatments does Dr. Badesha offer and how will they benefit me?

Dr. Badesha is knowledgeable and certified in many types of specialized treatments. Some of these procedures include:

PROLOTHERAPY: This is an injection technique that is recommended for repairing damaged ligaments and tendons and is a great treatment for chronic pain.

TRIGGER POINT INJECTION: This is also a technique frequently used to help patients with longstanding pain.

CHELATION: This is an IV treatment that is indicated for patients who suffer from heavy metal toxicity and chronic degenerative diseases such as heart disease.

IV THERAPIES: Dr. Badesha uses IV vitamins and minerals as an adjunct to his treatment protocols.

ACUPUNCTURE: This is a great treatment for musculoskeletal injuries as well as hormonal and mental-emotional issues. There are very few conditions that can't be effectively treated with acupuncture



Dr. Navi S. Badesha, ND
NATUROPATHIC PHYSICIAN



Coastal Naturopathic Clinic
12851 16th Ave.
WhiteRock, BC
Inside the Ocean Park Pharmasave
T: 604.721.4637
F: 604.536.4261

Newton Naturopathic Clinic
#150 13737 72 Ave.
Surrey, BC
T: 604.592.4448
F: 604.572.5248

www.newtonnaturopathic.com
drbadesha@yahoo.ca

***TRANSFORM THE WAY
YOU LOOK, FEEL &
THINK***

**NATUROPATHIC
MEDICINE**



Dr. Navi S. Badesha, ND
NATUROPATHIC PHYSICIAN

What is Naturopathic Medicine?

Naturopathic medicine is a comprehensive, prevention-based, and natural approach to improving health and treating illness. Simply put, naturopathic medicine is a system of medicine using "natural" therapies to diagnose and treat disease and to maintain good health. The primary goal of naturopathic medicine is to address the causes of illness, rather than simply treat or suppress symptoms.

Naturopathic Medicine manages a broad range of health conditions affecting every type of person of all ages. It exists to treat the whole person without harm through the healing power of nature by finding the root cause of minor illnesses and preventing them from developing into more serious chronic and degenerative diseases. Naturopathic Medicine offers education and training to patients and counsels them into healthier lifestyles.

Naturopathic doctors require minimum 3 years pre-med undergraduate education, plus 4 years of full-time study at an approved college of naturopathic medicine. Naturopathic doctors obtain comprehensive and rigorous training in an educational structure similar to that of medical doctors but also study traditional natural therapeutics emphasizing lifestyle changes, disease prevention, and optimal wellness. With this said, and in line with treating the whole person, NDs are recognized as primary healthcare physicians by the British Columbia government. They perform physical examinations, laboratory testing, gynecological exams, nutritional and dietary assessments, metabolic analysis, and allergy testing.

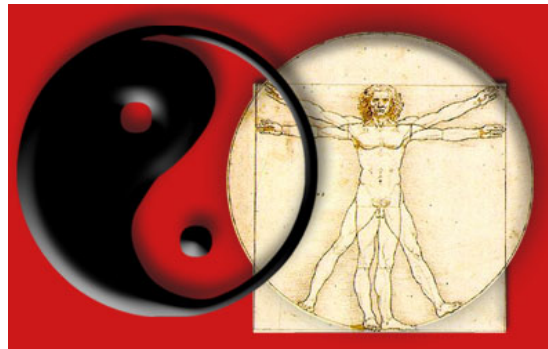
Dr. Badesha believes in Preventive Medicine

Preventive medicine is a comprehensive assessment of an individual's health risks which includes looking at diet, blood work, exercise and the amount of stress a person is experiencing.

Using dietary protocols and nutritional advice along with supplements to heal the body is just one way that preventive medicine can be useful for overall good health.

What can I expect on my first visit with Dr. Badesha

At your first appointment with Dr. Badesha, he will conduct a comprehensive health history as well as gather information on your current health condition. This history may involve a physical exam and the use of standard diagnostic instruments and laboratory tests. Your profile will be built with lifestyle details such as dietary habits, emotional stress, amount of exercise and exposure to environmental hazards.



Treatment Costs & Coverage's

CONSULTATION RATES

15 min information session	FREE
Initial Visit	\$79.00
Return Visit	\$50.00
Short Visit	\$35.00
Musculoskeletal Assessment	\$110.00
Telephone Consultation	\$50.00
E-mail Consultation	\$50.00

TREATMENT RATES

Acupuncture	\$50.00
EDTA Chelation	\$110.00
Homeopathic Injections	\$20.00
IM Vitamin Injections	\$20.00
IV Vitamin Pushes	\$45.00
IV Vitamin C Drip	
Small	\$85.00
Large	\$115.00
Trigger Point Injection	\$75.00
Prolotherapy	\$100-175

SUPPLEMENTS

Prices Vary

LAB TESTING

Prices Vary

Extended Medical Plans usually cover Naturopathic care. This may include office visits/services, lab tests, or both. It is best to check with your provider. We are not able to directly submit to insurance companies and therefore require full payment at time service is rendered.